



Internal Profile- Jigsaw Activity

Name _____

Date _____

Group: (Circle one) **Love and Belonging** **Power** **Freedom** **Survival** **Fun**

Please answer the following questions:

1. What are three strengths that people with your highest need demonstrate?
2. What are three challenges that people with your highest need demonstrate?
3. What song(s) would best represent people with your highest need?
4. What movie(s) would best represent people with your highest need?
5. What sport(s) would best represent people with your highest need?
6. What recreational (fun) activity(s) would best represent people with your highest need?
7. What animal or mascot(s) would best represent people with your highest need?
8. What TV show(s) would best represent people with your highest need?
9. What vehicle(s) would best represent people with your highest need?
10. What color(s) would best represent people with your highest need?